



Asd Ritmica
Dynamo 

ROMA



Municipio Roma X

ROME
CUP

2021

Rhythmic
Gymnastics

Italy Rome Ostia

28/30 DECEMBER
2021



+39 347 94 20 723



ritmica.dynamo@gmail.com

Date and Location:



Roma Ostia 10/11/12 July 2020

Olimpic Center Matteo Pellicone - Fijlkam

Via dei Sandolini 79 - 00122 Roma (RM).

- Modern sports hall with air conditioning;
- Live scores and video streaming of the competition;
- Spacious training area;
- Coffee bar;
- Shops with apparatus, accessories and leotards for rhythmic gymnastics.

Participants move hotel to the gym and back on their own.



Arena is located in front of the metro station Castel Fusano

Schedule:

Monday 27 December arrival of delegations

- Jury meeting

Tuesday 28 December

- 1 day of LEVEL D LD competition

Wednesday 29 December:

- 2 day of competition LEVEL C LE

Thursday 30 December

- 3 day of competition LEVEL A, B, The Baby Cup
- The competition orders will be organized by increasing level, following the order of age of the Alliee, Junior, senior.
- The Baby Cup will be held if basic sport is allowed during the winter.



All participants will be rewarded with a certificate and a tournament souvenir.

Individual gymnasts will be rewarded with medals of 1st -3rd place.

All participants of Baby Rome Cup exhibition will be rewarded with a certificate and a medal of participant.

Contacts:


WhatsApp: +39 347 94 20 723 Darina Yarish

Email: ritmica.dynamo@gmail.com

Facebook: Rome Cup RG International Rhythmic Gymnastics Tournament for clubs






WEB OF COMPETITION: www.romecuprg.comWEB OF CLUB ORGANIZATOR.: www.asdritmicadynamo.com





Individual program:			
Difficulty level:			
D (Italian SILVER LD)	C (Italian SILVER LE)	B (Italian Gold Categoria)	A (Italian Gold Categoria)
Apparatus award 1-2 routine on your choice	Apparatus award 1-2 routine on your choice	Apparatus award 2 routine on your choice	All 'around awards 2 routine on your choice
Age group:			
Baby CUP	Allieve	Junior	Senior
2015 2014 2013 (8 ANNI NON COMPIUTI)	2013 (8 years completed) 2012 2011 2010 2009	J1 2008 J2 2007 J3 2006	S 2005 e prima

LEVEL A GOLD (Awards All ROUND) e LEVEL B GOLD (Apparatus awards) . 2 routine on your choice					
Allieve Apparatus award. 2 routine on your choice					
Age Group:	BD	BDG	S	R	AD
2012- 2013 (COMPLETED 8 YEARS) 	Min. 3 Max. 6 Higher value	Min. 2 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 R Max.2 R	Min. 1 Max. 6 No penalty 0,20/0,30/0,40

2011 	Min. 3 Max. 6 Higher value	Min. 2 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 R Max. 2 R	Min. 1 Max. 8 No penalty 0,20/0,30/0,40
2010 	Min. 3 Max. 6 Higher value	Min. 2 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 R Max. 3 R	Min. 1 Max. 10 No Penalty 0,20/0,30/0,40
2009 	Min. 3 Max. 7 Higher value	Min. 2 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 R Max. 4 R	Min. 1 No Max. 0,20/0,30/0,40
Junior Apparatus award. 2 routine on your choice with apparatus					
Age Group:	BD	BDG	S	R	AD
J1 (2008) 	Min. 3 Max 7 Higher value	Min. 1 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 Max. 4	No Min. No Max. 0,20/0,30/0,40
J2 (2007) 	Min. 3 Max 7 Higher value	Min. 1 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 Max. 4	No Min. No Max. 0,20/0,30/0,40
J3 (2006) 	Min. 3 Max 7 Higher value	Min. 1 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 Max. 4	No Min. No Max. 0,20/0,30/0,40
Senior Apparatus award. 2 routine on your choice with apparatus					
	Min. 3 Max 7 Higher value	Min. 1 for each BDG	S Min. 2 (8 sec.) 0,30	Min. 1 Max. 5	No Min. No Max. 0,20/0,30/0,40

LEVEL C (Italian Silver LE) Apparatus award. 1-2 routine on your choice				
Max p. 5,00	BDG	S	R	AD
BD from 0,10 to 0,50 Min. 3 Max. 6	Jumps Min. 1 Balances Min. 1 Rotations Min. 1	0,30 Min. 2 S (8 second)	/	/
 from 0,10 to 0,50 Min. 3 Max. 6	Jumps Min. 1 Balances Min. 1 Rotations Min. 1	0,30 Min. 1 S (8 second)	No Min. I Max. 4 R	0,20/0,30/0,40 No Min./Max.

LEVEL D (Italian Silver LD) Apparatus award. 1-2 routine on your choice				
Max p. 4,00	BDG	S	R	AD
BD □ _from 0,10 to 0,40 Min. 3 BD Max. 6 BD	Jumps Min. 1 Balances Min. 1 Rotations Min. 1	0,30 Min. 2 S (8 second)	/	/
     from 0,10 to 0,40 Min. 3 BD Max. 6 BD	Jumps Min. 1 Balances Min. 1 Rotations Min. 1	0,30 Min. 1 S (8 second)	No Min. I Max. 3 R	0,20/0,30/0,40 NoMin./Max

Baby Rome Cup: 2013 and earlier	BD	BDG	S
2013    (BEFORE 8 YEARS) 1-2 routine on your choice	Min. 3 Max. 6	Min. 1 for each BDG	Min. 1
2014 2015  WA	Min. 3 Max. 6	Min. 1 for each BDG	Min. 1
All gymnasts will be awarded with the medal of participation and the diploma, and the souvenir gift of the tournament.			

Costs:

Individual participation fee: 60 Euro for gymnasts

Cost of photographs and video: 20 Euros per gymnast (professional photo shoot, live streaming of the competition).



Luca Agati is the official photographer of the event. He and his team will provide a high quality photo shooting and live stream. All gymnasts will receive a weblink with the photos of their performance after the tournament.

The photos should preferably be booked during registration, and paid for in the competition area, in the appropriate stand.

Additional services:

- *Rapid antigenic Covid test before the competition, to receive a 48-hour green pass;*
- *Medical assistance during the competition.*

Association and Federation of Gymnastics in Italy are not responsible for the physical and property damage before, after and during competition. It is required to have a personal insurance for each participant. Furthermore, all gymnasts must be in possession of the GREEN PASS.

SUBSCRIPTIONS AND DEADLINE:

Preliminary subscription	from 15.09.2021 to 25.10.2021
Payment of 50% registration and hotel, meals/banquette:	25.10.2021
Visa invitation:	25.10.2021
ENTER NAME SURNAME, LEVEL AND DATE OF BIRTH OF GYMNAST IN DATABASE, ALL INSTRUCTIONS IN WEB SITE www.romecuprg.com	from 15.09.2021 to 25.11.2021
Music	25.11.2021
Residual payment	25.11.2021
LA START LIST will be announced on 07.07.2020	www.romecuprg.com
Each delegation must have at least: 1 manager, 1 coach, 1 jury. In case of JURY absence - 100 EUR fee.	

Payment should be transferred to the bank account of the club manager. Cash is NOT accepted.

Details for the payment description: ROME CUP 2021- CITY and CLUB Participant's NAME, transfer fee is at expense of participant's sports club.

Registration payments are not returned, in case the gymnast is not able to come, you can substitute the participant.

BANK ACCOUNT:

Elenco rapporti (Coordinate Conto/IBAN)	BIC/SWIFT	Tipo *	Intestazione
IT61X0200805237000104474047	UNCRITM1J47	CC	ASSOCIAZIONE SPORTIVA DILETTANTISTICA RITMICA DYNAMO

REGISTRATION AND BILLING INFORMATION WILL BE SENT BY EMAIL

How to arrive:

By Air:

Fiumicino Airport, it is available transfer the airport to your hotel (contact our managers).

TRANSFERT COST 15 euro per person.

FREE TIME:

- *Rome tour*

IT is possible to book an excursion with a guide in Rome (in Russian, Italian or English language). You can also visit Rome by your own.

- *OUTLET CASTEL ROMANO*

You can book a transfer to CASTEL ROMANO OUTLET VILLAGE.

Transfert hotel – sport arena:

Cost 5 euro per person, minimun 6 persons. Fill the travel schedule.

*We will be happy to meet you at our
competition!*

www.romecuprg.com

*Italy Rome
Ostia*

**28/30 DECEMBER
2021**

**REGISTRATION
BEFORE
NOVEMBER
15TH**

**ROME
CUP
2021**
Rhythmic
Gymnastics

Asd Ritmica
Dynamo

+39 347 94 20 723
ritmica.dynamo@gmail.com